



**Kentucky WIC Program  
Infant (< 1 year old)**

|                          |
|--------------------------|
| <b>WIC Clinic:</b>       |
| <b>Clinic Fax number</b> |
| <b>Attention:</b>        |

**Certificate for Medical Necessity for Formula and WIC Food Exceptions**

The WIC Program provides Good Start Gentle Formulas to all non-medically fragile infants.

Noncontract standard formula request: Complete sections A, B and D

Exception to WIC foods requests: Complete Sections A, C and D.

Exempt formula or WIC Nutritionals: Complete sections A, B, C and D.

| Kentucky Guidelines<br>for issuance of infant formula:   | Client must try:                                 |
|--|--|
| Requests for milk based formula  | Good Start Gentle or Soothe                      |
| Requests for soy based formula   | Good Start Soy and Soothe (if no milk allergies) |
| Requests for lactose free/reduced formula  | Good Start Soothe and Soy                        |
| Requests for infant/toddler formulas   | Good Start Graduates Gentle or Soy               |
| Requests for 19 Kcal formulas will not be authorized. Must try Good Start product based on above guidelines. |  |

**A. Patient Information (please print)**

|                        |             |
|------------------------|-------------|
| <b>Patient's name:</b> | <b>DOB:</b> |
|------------------------|-------------|

**Parent/Caregiver's Name:**

**Medical diagnosis/qualifying condition (ICD-10 code):**

(Justifies the medical need for formula/food )

**Medical documentation valid for:** ☐ 1 mo. ☐ 2 mos. ☐ 3 mos. ☐ 4 mos. ☐ 5 mos. ☐ 6 mos. ☐ 7 mos.  
☐ 8 mos. ☐ 9 mos. ☐ 10 mos. ☐ 11 mos. ☐ 12 mos.

**B. Medical Formula/Food (please print)**

**Name of formula or WIC Nutritionals requested:**

**Prescribed amount:** \_\_\_\_\_ per day OR ☐ maximum allowable

**Special instruction/comments:**

**Provide information regarding Formulas tried & length  
of time tried:**

**Problems encountered:**

**C. WIC Supplemental Foods for Infants < 1 year old**

**Supplemental foods:** Please mark the appropriate boxes below to indicate any foods that would be contraindicated and/or require special instructions. **If no boxes are marked, the infant will receive the WIC foods.**

**WIC Supplemental Foods(provided at 6 months of age)**

**Restrictions/Special Instructions**

☐ Infant cereal

☐ Infant fruits

☐ Infant vegetables

☐ Infant meats (fully breastfeeding infants only)

☐ **No supplemental foods:** omit all supplemental foods and provide exempt infant or medical formula/food only.

**D. Health care provider information**

**Signature of health care provider:**

**Provider's name (please print):** ☐ MD ☐ DO ☐ PA ☐ NP

**Medical office/clinic:**

**Phone number:**

**Fax number:**

**Date:**

Adapted from Oregon Medical Documentation Form.

**USDA is an equal opportunity provider and employer.**

**See back for most commonly provided exempt infant formulas/WIC Nutritionals.**

**WIC – 200**

Rev. 10/15

This certification for medical necessity is necessary for providing the following products from the WIC Program for medically fragile infants.

The most commonly used products are listed below:

**Hypoallergenic formulas:**

- Nutramigen
- Pregestimil
- Similac Expert Care Alimentum

**Impaired kidney function/hypocalcemia**

- Similac PM 60/40

**Premature formulas**

- Enfamil EnfaCare
- Enfamil Premature with Iron 20
- Enfamil Premature with Iron 24
- Good Start Premature 24
- Similac Expert CareNeoSure
- Similac Special Care 24 with Iron
- Similac Special Care 30 with Iron

**Reflux formulas**

- Enfamil AR

**Severe cow's milk allergy/multiple food protein allergy**

- Neocate Infant
- Neocate Infant DHA & ARA
- Elecare for Infants
- PurAmino

For additional products available from WIC please view the website at:

**<http://chfs.ky.gov/dph/ach/ns/Nutrition+Education+Materials.htm>**

Use the above link and click on “WIC Formula Resource Guide” from the list of materials.

WIC is a registered service mark of the U. S. Department of Agriculture for USDA's Special Supplemental Nutrition Program for Women, Infant and Children.

